

**Nash's Organic Produce | 4681 Sequim-Dungeness Way, Sequim, WA 98382
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**Seasonal Guide
for Summer
& Early Fall**

Apples	September – March
Arugula	July – November
Artichokes (Globe)	July – mid-September
Basil	July – October
String Beans (4 varieties)	July – mid-September
Beets (4 varieties)	July – April
Bok Choi	Mid-July – November
Broccoli	Mid-July – November
Brussels Sprouts	October – March
Cabbage (Red/Green)	August – March
Cabbage (Savoy)	October – March
Carrots	July – February
Cauliflower	July – November, May
Chard (Red/Green/Rainbow)	August – November
Collard Greens	September – March
Corn	Mid-August – mid- October
Cucumbers	Mid-July – September
Dill	Mid-July – mid- September
Fava Beans	May – October
Fennel Bulbs	August – November
Garlic	October – January
Grains/Flour	Year round
Kale (4 varieties)	September – March
Leafy Greens	July – March
Leeks	August – April
Lettuce (4 varieties)	July – October
Onions (Green)	August – November
Parsnips	November – March
Peas	Mid-August – mid- October
Potatoes (Red/Yellow/Purple)	October – March
Spinach	May – October
Strawberries	June – July
Tomatoes	August – September
Zucchini	July – October